

NORDIC HOOPS ANALYTICS

# TECHNICAL GAME REPORT

BOX SCORE + PLAY-BY-PLAY ANALYSIS



**TNT Towers 73 - 78 Nidaros Jets**

19/09/2026 | BLNO MEN

# EXECUTIVE ANALYST REPORT

## MATCH VERDICT

Nidaros Jets won by 5 through the combined effect of -2.2 points of offensive-rating advantage, stronger shot conversion and the ability to protect more possessions.

- 1** SHOT VALUE: TNT Towers 44.9% eFG% versus Nidaros Jets 39.2%.
- 2** POSSESSION SECURITY: TOV% was 9.2% versus 12.8%.
- 3** OFFENSIVE REBOUNDING: OREB totals were 10 versus 17; extra chances must be connected to efficient scoring.
- 4** PACE: estimated possessions were 77 and 84.2, not simply the number of field-goal attempts.
- 5** GAME CONTROL: the scoring flow below identifies when the margin expanded or contracted.

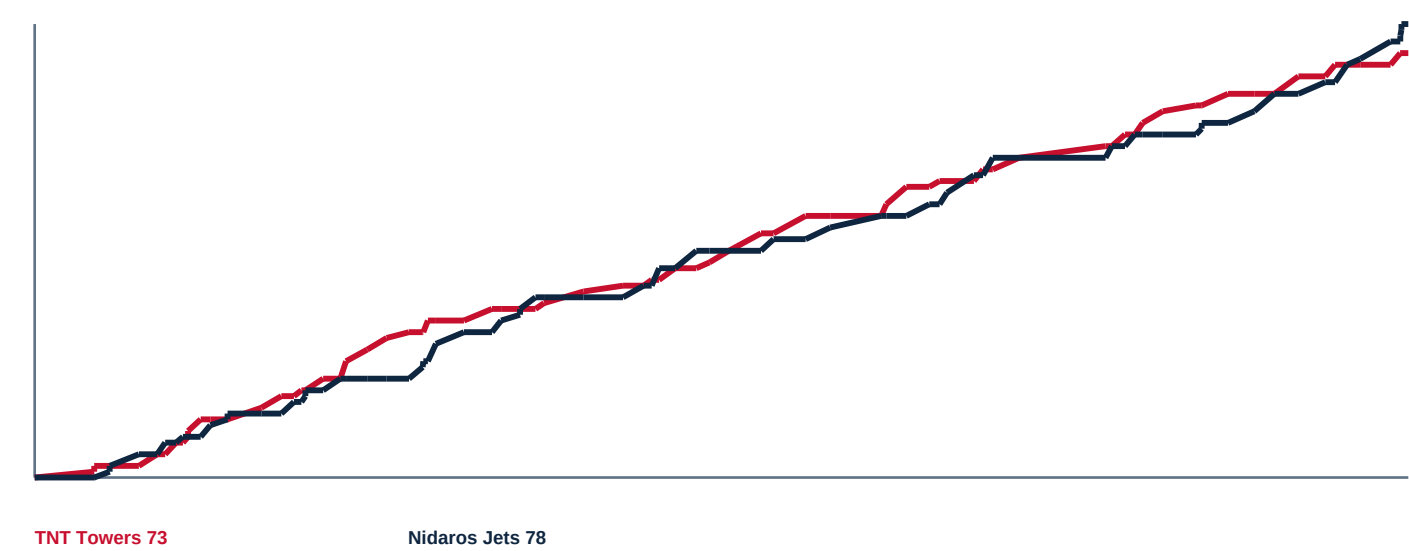
SCORING FLOW AND TEMPO

| PERIOD | TNT Towers | Nidaros Jets | CUMULATIVE |
|--------|------------|--------------|------------|
| Q1     | 22         | 17           | 22 - 17    |
| Q2     | 15         | 22           | 37 - 39    |
| Q3     | 18         | 16           | 55 - 55    |
| Q4     | 18         | 23           | 73 - 78    |

SCORING RATE / GAME TEMPO

| METRIC                 | TNT Towers | Nidaros Jets |
|------------------------|------------|--------------|
| Points per minute      | 1.82       | 1.95         |
| Points per possession  | 0.948      | 0.926        |
| Possessions per minute | 1.93       | 2.11         |
| Seconds per possession | 31.2       | 28.5         |
| Estimated ORTG         | 94.8       | 92.6         |

CUMULATIVE SCORE



ANALYST NOTE

The pace profile is separated from the scoring profile: a team can play at similar volume but generate a very different number of points per possession. Nidaros Jets scored 0.926 points per estimated possession.

COMPLETE TEAM BOX SCORE

| STAT           | TNT Towers | Nidaros Jets | WHY IT MATTERS      |
|----------------|------------|--------------|---------------------|
| Points         | 73         | 78           | -5                  |
| FGM - FGA      | 28 - 68    | 27 - 79      | 1 makes             |
| 2PT            | 23/50      | 19/41        | interior conversion |
| 3PT            | 5/18       | 8/38         | perimeter volume    |
| FT             | 12/25      | 16/21        | line pressure       |
| OREB - DREB    | 10 - 29    | 17 - 27      | -7 OREB             |
| Total rebounds | 39         | 44           | second chances      |
| Assists        | 10         | 8            | creation            |
| Turnovers      | 8          | 13           | possession cost     |
| Steals         | 11         | 4            | pressure            |
| Blocks         | 1          | 2            | rim events          |

ADVANCED TEAM PROFILE

| METRIC   | TNT Towers | Nidaros Jets | INTERPRETATION              |
|----------|------------|--------------|-----------------------------|
| ORTG     | 94.8       | 92.6         | Nidaros Jets offensive edge |
| DRTG     | 92.6       | 94.8         | lower is better             |
| NET RTG  | 2.2        | -2.2         | single-game net             |
| eFG%     | 44.9%      | 39.2%        | shot value                  |
| TS%      | 46.2%      | 44.2%        | free throws included        |
| TOV%     | 9.2%       | 12.8%        | possessions ending early    |
| OREB%    | 27%        | 37%          | second-chance share         |
| FTr      | 36.8%      | 26.6%        | FTA per FGA                 |
| AST/FGM% | 35.7%      | 29.6%        | assisted makes              |
| 3PA rate | 26.5%      | 48.1%        | perimeter diet              |

Possessions = FGA + 0.44 x FTA - OREB + TOV. DRTG uses opponent points over each team's estimated possessions.

## SHOT ECONOMY

| SHOOTING CHANNEL          | TNT Towers | Nidaros Jets | ANALYTICAL READING    |
|---------------------------|------------|--------------|-----------------------|
| Points from 2PT           | 46         | 38           | interior scoring      |
| Points from 3PT           | 15         | 24           | perimeter scoring     |
| Points from FT            | 12         | 16           | line pressure         |
| 2PT FG%                   | 46%        | 46.3%        | conversion            |
| 3PT FG%                   | 27.8%      | 21.1%        | perimeter conversion  |
| FT%                       | 48%        | 76.2%        | free-throw conversion |
| Paint / 2PT attempt share | 73.5%      | 51.9%        | interior volume       |
| 3PT attempt share         | 26.5%      | 48.1%        | perimeter volume      |

## WHAT THIS MEANS ON COURT

The comparison must distinguish makes, attempts and points. Identical three-point makes can coexist with very different efficiency if one team needs more attempts; the higher-leverage separator is usually the combination of two-point conversion, turnovers and free-throw pressure.

SHOT-TIME PROFILE

| WINDOW            | H FGA | H FG% | H eFG% | H PTS | A FGA | A FG% | A eFG% | A PTS |
|-------------------|-------|-------|--------|-------|-------|-------|--------|-------|
| EARLY   24-17 sec | 15    | 40%   | 40%    | 12    | 19    | 36.8% | 39.5%  | 15    |
| MIDDLE   16-9 sec | 24    | 33.3% | 37.5%  | 18    | 34    | 26.5% | 30.9%  | 21    |
| LATE   8-0 sec    | 19    | 52.6% | 57.9%  | 22    | 18    | 44.4% | 55.6%  | 20    |
| CLASSIFIED TOTAL  | 58    | 48.3% | 48.3%  | 61    | 71    | 38%   | 38%    | 62    |

IMPORTANT INTERPRETATION

Classified attempts: 58/68 for TNT Towers and 71/79 for Nidaros Jets. No official shot-clock field exists in the source; windows are reconstructed from game-clock events, made baskets, rebounds, turnovers and qualifying resets.

POSSESSION BATTLE

| POSSESSION EVENT      | TNT Towers | Nidaros Jets | COACHING INTERPRETATION |
|-----------------------|------------|--------------|-------------------------|
| Estimated possessions | 77         | 84.2         | volume                  |
| Turnovers             | 8          | 13           | lost opportunities      |
| Steals                | 11         | 4            | disruption              |
| Offensive rebounds    | 10         | 17           | extended possessions    |
| Defensive rebounds    | 29         | 27           | finished sequences      |
| Total rebounds        | 39         | 44           | overall board           |
| Blocks                | 1          | 2            | rim protection          |

PBP events loaded: 906. Scoring is checked against the official final score before a report is generated.



TNT Towers - FULL PLAYER TABLE

| PLAYER                          | MIN  | PTS | FGA | 3PA | FTA | 2P%  | 3P% | eFG% | TS%  | USG% | AST | TO | REB |
|---------------------------------|------|-----|-----|-----|-----|------|-----|------|------|------|-----|----|-----|
| Shamel Ibrahim Shaka            | 34.1 | 6   | 14  | 5   | 3   | 22.2 | 0   | 14.3 | 19.6 | 22.5 | 4   | 2  | 3   |
| Jan Prus                        | 33.8 | 18  | 14  | 1   | 2   | 53.8 | 100 | 60.7 | 60.5 | 20.6 | 0   | 1  | 11  |
| Jakob Næss                      | 31.3 | 12  | 8   | 1   | 8   | 57.1 | 0   | 50   | 52.1 | 15   | 4   | 0  | 3   |
| Per Ingar Berthelsen            | 27.7 | 13  | 9   | 2   | 2   | 71.4 | 50  | 72.2 | 65.8 | 12.8 | 0   | 0  | 6   |
| Sindre Steinhaug Christoffersen | 22.3 | 8   | 6   | 4   | 0   | 50   | 50  | 66.7 | 66.7 | 9.1  | 0   | 1  | 3   |
| Filip August Klemmetsby         | 19   | 11  | 12  | 5   | 2   | 42.9 | 20  | 37.5 | 42.7 | 16.7 | 1   | 0  | 5   |
| Simen Juvastøl                  | 12.8 | 3   | 2   | 0   | 8   | 0    | 0   | 0    | 27.2 | 9.8  | 0   | 2  | 6   |
| Odin Akwesi Donkor              | 9.7  | 2   | 2   | 0   | 0   | 50   | 0   | 50   | 50   | 3.9  | 0   | 1  | 1   |
| Sander Engum Westgård           | 3.7  | 0   | 0   | 0   | 0   | 0    | 0   | 0    | 0    | 0    | 1   | 0  | 0   |
| Taimoor Ahmad                   | 2.8  | 0   | 1   | 0   | 0   | 0    | 0   | 0    | 0    | 2.6  | 0   | 1  | 1   |
| Ludvig Kjellstedt               | 2.4  | 0   | 0   | 0   | 0   | 0    | 0   | 0    | 0    | 0    | 0   | 0  | 0   |

eFG% accounts for the added value of three-point makes. TS% includes free throws. USG% estimates the share of team possessions finished by the player.

Nidaros Jets - FULL PLAYER TABLE

| PLAYER                            | MIN  | PTS | FGA | 3PA | FTA | 2P%  | 3P%  | eFG% | TS%  | USG% | AST | TO | REB |
|-----------------------------------|------|-----|-----|-----|-----|------|------|------|------|------|-----|----|-----|
| Kevin Kwame Leraand               | 38   | 12  | 15  | 5   | 2   | 40   | 20   | 36.7 | 37.8 | 21.2 | 2   | 2  | 11  |
| Pietro Mortarino                  | 29.6 | 22  | 20  | 13  | 11  | 42.9 | 15.4 | 30   | 44.3 | 33   | 1   | 3  | 9   |
| Rokas Lukas Pocius                | 29.4 | 5   | 7   | 4   | 0   | 33.3 | 25   | 35.7 | 35.7 | 8.3  | 2   | 0  | 9   |
| Oliver Edvardsen Øvermo           | 27.7 | 15  | 12  | 7   | 4   | 40   | 42.9 | 54.2 | 54.5 | 21.1 | 1   | 4  | 3   |
| Gustavas Urbonas                  | 27.5 | 9   | 7   | 1   | 2   | 66.7 | 0    | 57.1 | 57.1 | 11.7 | 2   | 2  | 7   |
| Dennis Valentino Tydeman Nordmark | 11   | 13  | 5   | 2   | 2   | 37.5 | 20   | 34.6 | 39.6 | 18.9 | 0   | 2  | 5   |
| Tobias Edvardsen Øvermo           | 17.3 | 4   | 4   | 2   | 0   | 100  | 0    | 50   | 50   | 4.7  | 0   | 0  | 0   |
| Hallgrim Kiludidi Resheim         | 2.6  | 0   | 0   | 0   | 0   | 0    | 0    | 0    | 0    | 0    | 0   | 0  | 0   |
| Eskil Berg Sørensen               | 0.3  | 0   | 1   | 1   | 0   | 0    | 0    | 0    | 0    | 1.2  | 0   | 0  | 0   |

eFG% accounts for the added value of three-point makes. TS% includes free throws. USG% estimates the share of team possessions finished by the player.

PLAYER PRODUCTION PER 100

| PLAYER                            | TEAM         | PTS/100 | REB/100 | AST/100 | STL/100 | TO/100 | TS%  | USG% |
|-----------------------------------|--------------|---------|---------|---------|---------|--------|------|------|
| Pietro Mortarino                  | Nidaros Jets | 26.1    | 10.7    | 1.2     | 1.2     | 3.6    | 44.3 | 33   |
| Jan Prus                          | TNT Towers   | 23.4    | 14.3    | 0       | 0       | 1.3    | 60.5 | 20.6 |
| Oliver Edvardsen Øvermo           | Nidaros Jets | 17.8    | 3.6     | 1.2     | 0       | 4.7    | 54.5 | 21.1 |
| Per Ingar Berthelsen              | TNT Towers   | 16.9    | 7.8     | 0       | 2.6     | 0      | 65.8 | 12.8 |
| Jakob Næss                        | TNT Towers   | 15.6    | 3.9     | 5.2     | 1.3     | 0      | 52.1 | 15   |
| Filip August Klemmetsby           | TNT Towers   | 14.3    | 6.5     | 1.3     | 5.2     | 0      | 42.7 | 16.7 |
| Kevin Kwame Leraand               | Nidaros Jets | 14.2    | 13.1    | 2.4     | 0       | 2.4    | 37.8 | 21.2 |
| Dennis Valentino Tydeman Nordskag | Nidaros Jets | 13.1    | 5.9     | 0       | 0       | 2.4    | 39.6 | 18.9 |
| Gustavas Urbonas                  | Nidaros Jets | 10.7    | 8.3     | 2.4     | 2.4     | 2.4    | 57.1 | 11.7 |
| Sindre Steinhaug Christoffersen   | TNT Towers   | 10.4    | 3.9     | 0       | 0       | 1.3    | 66.7 | 9.1  |
| Shamel Ibrahim Shaka              | TNT Towers   | 7.8     | 3.9     | 5.2     | 2.6     | 2.6    | 19.6 | 22.5 |
| Rokas Lukas Pocius                | Nidaros Jets | 5.9     | 10.7    | 2.4     | 1.2     | 0      | 35.7 | 8.3  |
| Tobias Edvardsen Øvermo           | Nidaros Jets | 4.7     | 0       | 0       | 0       | 0      | 50   | 4.7  |
| Simen Juvastøl                    | TNT Towers   | 3.9     | 7.8     | 0       | 1.3     | 2.6    | 27.2 | 9.8  |
| Odin Akwesi Donkor                | TNT Towers   | 2.6     | 1.3     | 0       | 1.3     | 1.3    | 50   | 3.9  |
| Sander Engum Westgård             | TNT Towers   | 0       | 0       | 1.3     | 0       | 0      | 0    | 0    |
| Taimoor Ahmad                     | TNT Towers   | 0       | 1.3     | 0       | 0       | 1.3    | 0    | 2.6  |
| Ludvig Kjellstedt                 | TNT Towers   | 0       | 0       | 0       | 0       | 0      | 0    | 0    |
| Hallgrim Kiludidi Resheim         | Nidaros Jets | 0       | 0       | 0       | 0       | 0      | 0    | 0    |
| Eskil Berg Sørensen               | Nidaros Jets | 0       | 0       | 0       | 0       | 0      | 0    | 0    |

Per 100 stats are normalised to each team's estimated possession. They are not season averages and should be interpreted alongside minutes and role.

# PLAYER-LEVEL ANALYST READ

## Nidaros Jets: EFFICIENT CORE

Sindre Steihaug Christoffersen (8 pts, 66.7 TS%, 10.4 PTS/100), Per Ingar Berthelsen (13 pts, 65.8 TS%, 16.9 PTS/100), Jan Prus (18 pts, 60.5 TS%, 23.4 PTS/100) led the most efficient scoring profiles among players with a meaningful attempt sample.

## SCORING DISTRIBUTION

The leading scorers were Pietro Mortarino (22), Jan Prus (18), Oliver Edvardsen Øvermo (15). The key question is whether the scoring came from sustainable shot quality, free throws or high-volume attempts.

## CREATION AND SECURITY

Shamel Ibrahim Shaka supplied 4 assists. Oliver Edvardsen Øvermo recorded 4 turnovers, so creation quality must be evaluated together with possession cost.

# DATA, METHODS AND CONFIDENCE

## OFFICIAL BOX SCORE

Team and player totals come from the official match record.

## POSSESSION FORMULA

Estimated possessions = FGA + 0.44 x FTA - OREB + TOV.

## ADVANCED RATES

ORTG, DRTG, NET RTG, eFG%, TS%, TOV%, OREB%, FTr, AST/FGM% and 3PA rate are calculated from the box score.

## PLAYER RATES

PTS/100, REB/100, AST/100, STL/100 and TO/100 use each team's estimated possessions. USG% is the player's estimated finishing share.

## SHOT-TIME RECONSTRUCTION

The play-by-play has game-clock events but no official shot-clock field. Possession starts and resets are reconstructed from event order.

## QUALITY CONTROL

906 play-by-play events were loaded; scoring is validated against the final score and malformed parent events are excluded from chronology calculations.

## LIMITATION

This is a one-game descriptive analysis. It explains this match and does not establish a repeatable team identity without a larger sample.

# FINAL COACHING CONCLUSIONS

## FOR TNT TOWERS

Protect the most efficient shot areas, reduce possessions ending in live-ball turnovers and connect offensive rebounds to higher-value attempts. Compare the team's 2PT, 3PT and free-throw profile before making a shooting-only diagnosis.

## FOR NIDAROS JETS

Preserve the possession and shot-quality advantages that produced the result, but test whether the same profile survives against a different defensive scheme and a larger sample.

## MATCH IN ONE SENTENCE

Nidaros Jets combined the stronger points-per-possession profile with the better balance between shot value, possession security and scoring distribution.